

## Fitzpatrick Scale Skin-Typing

### Genetic Skin Disposition

Score	X	0	X	1	X	2	X	3	X	4
What is the color of your eyes?		Light blue, Grey, Green		Blue, Grey or Green		Blue, Hazel		Dark Brown		Brownish Black
What is the natural color of your hair?		Sandy Red		Blonde		Chestnut/Dark Blonde		Dark Brown		Black
What is the natural color of your non-exposed to the sun skin?		Reddish		Very Pale		Pale with Beige Tint		Light Brown		Dark Brown
Do you have freckles on unexposed areas?		Many		Several		Few		Incidental		None

Total Score: \_\_\_\_\_

### Skins Reaction to Sun Exposure

Score	X	0	X	1	X	2	X	3	X	4
What happens when you stay in the sun too long?		Painful redness, blistering, peeling		Blistering followed by peeling		Burns sometimes followed by peeling		Rarely burns		Never had a sun burn
To what degree do you turn brown?		Hardly or not at all		Light colored tan		Reasonable tan		Tan very easily		Turn dark brown quickly
Do you turn brown within several hours after sun exposure?		Never		Seldom		Sometimes		Often		Always
How does your face react to the sun?		Very sensitive		Sensitive		Normal		Very resistant		Never had a problem

Total Score: \_\_\_\_\_

### Tanning Habits

Score	X	0	X	1	X	2	X	3	X	4
When did you last expose your body to the sun?		More than 3 months ago		2-3 Months		1-2 Months		Less than a month ago		Less than 2 weeks ago
Did you expose the area to be treated to the sun?		Never		Hardly ever		Sometimes		Often		Always

Total Score: \_\_\_\_\_

**Total All Skin Type Scores: \_\_\_\_\_**

<b>0-6</b>	<b>7-13</b>	<b>14-20</b>	<b>21-27</b>	<b>28-34</b>	<b>35+</b>
<b>Fitz I</b>	<b>Fitz II</b>	<b>Fitz III</b>	<b>Fitz IV</b>	<b>Fitz V</b>	<b>Fitz VI</b>

