



ALL FACIALS PRE/POST CARE INSTRUCTIONS

PRE-CARE

You should not receive a facial treatment sooner than 5 days after receiving BOTOX® Cosmetic, Xeomin® and Dysport®, chemical peels, or laser treatments such as (but not limited to) IPL, MicroNeedling, skin resurfacing, red vein removal, and/or tattoo removal.

For best results, it is advised to avoid sun exposure (especially for those with hyperpigmentation concerns), avoid heat and excessive dryness (such as saunas), and the following products & procedures at least 7 days prior your treatment:

- Electrolysis
- Waxing
- Depilatory creams
- Refrain from waxing or electrolysis on the treated area for 7 days prior to treatment.
- Any products that may be drying or irritating, including products containing salicylic acid, alpha hydroxy acids, vitamin c, hydroquinone, retinoids, and prescription medications.

POST CARE

It is rare to experience sensitivity, dehydration, itching, flaking, peeling, stinging, and mild redness post treatment. Applying a cold compress to the treated area can provide relief from any “wind burned” feeling following the treatment.

- Retinol and Retin-A products should be discontinued for 7 days post treatment.
- Refrain from waxing or electrolysis on the treated area for 5 days post treatment.
- Makeup may be applied 1 hour post treatment.
- Moisturizer should be non-irritating and can be applied at least twice a day for hydration.
- Avoid direct sun exposure and excessive heat. An SPF of at least 30 must be used daily.
- Do not tan via a tanning bed for at least two weeks post procedure. This practice should be discontinued due to increased risk of skin cancer, skin burns and irritations, and signs of aging.

It is the responsibility of each guest to fully review the aforementioned Pre-Care and Post Care guidelines. If a scheduled service requires modification/cancellation because you do not meet the aforementioned criteria, you are responsible for notifying the medical spa no less than 24 hours in advance to avoid a late cancellation fee of \$75.00. If you are unable to contact an Ageless Aesthetics MediSpa representative within normal business hours, please leave a detailed voicemail. The voicemail system date-stamps/timestamps all voicemails with Mountain Standard Time (MST) zone times. Cancellations and modifications must be made within the MST zone in order to avoid no-show/late cancellation fees. If you have ANY questions or concerns, please call our office during business hours at 505.473.SKIN (7546).